

Craig S Best, DO

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Employment

7/2016-present Orthopedic Specialists of Northwest Indiana
Interventional Spine/Pain, Sports, & Electrodiagnostic Medicine

Board Certification

7/2016-present American Board of Physical Medicine & Rehabilitation
9/2016-present American Board of Physical Medicine & Rehabilitation (Pain Medicine)

Additional Certification

4/2019-present Certified Life Care Planner

Education & Training

7/2015-6/2016 **Beth Israel Deaconess Medical Center** (Boston, MA)
Harvard Medical School Teaching Hospital
Pain Medicine Fellowship

7/2012-6/2015 **Rush University Medical Center** (Chicago, IL)
Rush Medical College Teaching Hospital
Physical Medicine & Rehabilitation Residency

7/2011-6/2012 **Rush University Medical Center** (Chicago, IL)
Rush Medical College Teaching Hospital
Internal Medicine Internship

8/2007-5/2011 **Lincoln Memorial University** (Harrogate, TN)
Doctor of Osteopathic Medicine

9/2002-5/2006 **University of Calgary** (Calgary, Alberta, Canada)
Bachelor of Science Exercise and Health Physiology

Leadership Roles & Distinctions

7/2014-6/2015 Chief Resident, Department of Physical Medicine & Rehabilitation
Rush University Medical Center

3/2012-6/2014 Rehab in Review
Regional Editor

7/2012-6/2015 American Osteopathic College of Physical Medicine & Rehabilitation

Residency Program Representative

- 6/2009-5/2011 American Osteopathic College of Physical Medicine & Rehabilitation
National Student Liaison
- 8/2007-5/2008 Lincoln Memorial University
Orthopedics and Sports Medicine Club Treasurer

Peer-Reviewed Publications

- Chang Chien G, **Best C**, Clay B, Candido K. Ultrasonography Leads to Accurate Diagnosis and Management of Painful Acromioclavicular Joint Cyst. *Pain Pract.* 2015; 15(7):E72-E75.
- Best C**, Basu A, Sengupta M. Subacromial-subdeltoid bursal rice bodies causing shoulder pain. *PM&R.* 2015; 7(9):1014-106.
- Best C**, Cheng D. Spinal schwannoma: an unusual cause of lumbar radiculopathy. *PM&R.* 2015; 7(9):1011-1013.
- Best C**, Saeed K, Cheng D. Pediatric Spondylolysis and Spondylolisthesis. Accepted for online publication on AAPM&R Knowledge Now, 9/2013.

Abstracts & Poster Presentations

- Dona S, **Best C**, Weber K. Anterior iliac crest stress fracture as an unusual etiology for hip pain in a young female runner. Selected for presentation at the American Academy of Physical Medicine & Rehabilitation Annual Assembly, Boston, MA. 10/2015.
- Dona S, **Best C**, Dysico G. Quad fever in a patient with acute traumatic cervical spinal cord injury: a case report. Selected for presentation at the Association of Academic Physiatrists Annual Meeting, San Antonio, TX. 3/2015.
- Best C**, Muthukrishnan SR. Cerebellar cognitive affective syndrome secondary to cerebellar mass: a case report. Selected for presentation at the American Academy of Physical Medicine & Rehabilitation Annual Assembly, San Diego, CA. 11/2014.
- Saeed K, **Best C**, Sullivan C, Dysico. Acupuncture for scar release: a case report. Selected for presentation at the American Academy of Physical Medicine & Rehabilitation Annual Assembly, San Diego, CA. 11/2014.
- Best C**, Shah C. Wernicke's encephalopathy after sleeve gastrectomy: a case report. Selected for presentation at the Association of Academic Physiatrists Annual Meeting, Nashville, TN. 2/2014.
- Bhat J, **Best C**, Young J. A unique presentation of natalizumab-associated progressive multifocal leukoencephalopathy: a case report. Selected for presentation at the Association of Academic Physiatrists Annual Meeting, Nashville, TN. 2/2014.
- Sullivan C, **Best C**, Young J. Spinal cord compression in a patient with multiple myeloma and fragile-X associated tremor/ataxia syndrome. Selected for presentation at the Association of Academic Physiatrists Annual Meeting, Nashville, TN. 2/2014.

Best C, Shah C. Occlusion of the artery of Percheron causing bilateral thalamic stroke: a case report. Selected for presentation at the American Academy of Physical Medicine & Rehabilitation Annual Assembly, Washington, DC. 10/2013.

Best C, Kasi R, Deon L. Osteosarcoma of right distal femur with meningeal metastases: a case report. Selected for presentation at the Association of Academic Physiatrists Annual Meeting, New Orleans, LA. 3/2012.

Best C, Ferber, R. Comparison of three different hand-held dynamometry measurement techniques. Selected for presentation at the American Osteopathic College of Physical Medicine and Rehabilitation Mid-Year Meeting, Philadelphia, PA. 4/2010.

Academic Lectures

11/8/2018	Cervical Spine Injuries and Treatment OSNI Worker's Compensation Symposium
1/5/2018	Lumbosacral Radiculopathy Rush University Medical Center
10/12/2017	The Role of Physiatry, Pain Management, and Injection OSNI Worker's Compensation Symposium
4/23/2017	Facet Joint Interventions Rush University Medical Center
3/17/2017	Interventional Management of Lumbar Radiculopathy Rush University Medical Center
10/1/2016	The Role of Physiatry & The Injured Worker OSNI Worker's Compensation Symposium
4/8/2016	Interventional Management of Low Back Pain Rush University Medical Center
1/9/2015	Sacroiliac Joint Pain: An Overview Rush University Medical Center
11/7/2014	Lumbar Spine Anatomy and Clinical Correlations Rush University Medical Center
10/31/2014	Exercise As Medicine: Impact of Small Changes on Big Problems Rush University Medical Center
1/31/2014	Manual Medicine of the Cervical Spine: The Good, Bad, & Ugly Rush University Medical Center
6/28/2013	Role of Hip Strength in Common Running Injuries Rush University Medical Center

6/21/2013	Neuropathic Pain in Spinal Cord Injury Hines Veterans' Affairs Hospital
3/15/2013	Diagnosis and Management of Talar Fractures Rush University Medical Center
1/18/2013	Overview of Hip Adductor Pathologies and Osteitis Pubis Rush University Medical Center
12/6/2012	Anatomy and Pathophysiology of Lumbar Disc Herniation Rush University Medical Center
9/20/2012	Electrodiagnostic Anatomy of the Fibular Nerve Rush University Medical Center

Workshops & Courses

3/5-6/2020	How to Be an Effective Expert Witness, San Diego, CA
6/2019	Vertebral Augmentation, Medtronic, Dallas, TX
3/2019	FIG Physician Life Care Planning Course
2/7-8/2019	SEAK How to Start, Build, and Run a Successful Life Care Planning Practice, Clearwater Beach, FL
1/12-13/2019	Disc Access Bio-Skills Lab, Spine Intervention Society, Long Beach, CA
4/7/2018	Coolief Radiofrequency Ablation, Indianapolis, IN
2/17/2018	Vertebral Augmentation, Stryker, Tampa, FL
4/30/2016	Vertebral Augmentation, Stryker, Downers Grove, IL
1/16/2016	Pain Fellow Spinal Cord Stimulator Course, Nevro, New York, NY
8/29-30/2015	Pain Fellows Fundamentals of Implantable Therapies, Medtronic, Boston, MA
11/8-9/2014	Musculoskeletal Ultrasound, Rush University Medical Center, Chicago, IL
10/25-26/2014	Clinical Anatomy and Imaging of the Spine, International Spine Injection Society, Chicago, IL
10/4/2013	Sonography of the Lower Extremity, American Academy of Physical Medicine & Rehabilitation Annual Assembly, National Harbor, MD
10/3/2013	Sonography of the Shoulder, American Academy of Physical Medicine & Rehabilitation Annual Assembly, National Harbor, MD

9/13-14/2013	Introduction to Spine Surgery and Interventional Pain Management for Future Spine Surgeons and Future Interventional Pain Practitioners, North American Spine Society, Burr Ridge, IL
6/6/2013	Sports Medicine & Sports Performance Conference, Loyola University Medical Center, Maywood, IL
6/1/2013	Treatment of Dystonia & Spasticity: Resident Training Workshop Demonstrating the Use of Botulinum Toxin, Rush University Medical Center, Chicago, IL
5/3-4/2013	Pediatric Rehabilitation Symposium, Rush University Medical Center, Chicago, IL
12/8-9/2012	Kinesio Taping Level 1 & 2 Seminars, Rush University Medical Center, Chicago, IL

Volunteer Medical Staff & Team Coverage

2/26/2014	Residents & Fellows Workshop <i>Sports Medicine For Every Physiatrist</i> EMG/NCS Instructor, Academy of Academic Physiatrists Annual Meeting
2/11/2014	Musculoskeletal Examination Workshop for Medical Students Instructor, Rush University Medical Center
1/25/2014	Chicago Force Women's Football Pre-Participation Physical Examinations
11/26/2013	Musculoskeletal Examination Workshop for Internal Medicine Residents Instructor, John H Stroger Hospital of Cook County
11/2013	DePaul University Blue Demons Women's Basketball
9/11/2013	DePaul University Athlete Pre-Participation Physical Examinations
8/14/2013	Malcolm X College Athlete Pre-Participation Physical Examinations
5/31-6/2/2013	CrossFit North Central Regionals
3/7/2013	Shamrock Shuffle 8K Race

Honors & Awards

4/2010	American Osteopathic College of Physical Medicine & Rehabilitation Mid-Year Conference (Philadelphia, PA) Medical Student Research 2 nd Place Award
5/2006-8/2006	Natural Sciences and Engineering Research Council (NSERC) of Canada University of Calgary Summer Research Studentship
3/2005-12/2005	University of Queensland (Brisbane, Queensland, Australia) Dean's Commendation

1/2003-4/2003 University of Calgary (Calgary, Alberta, Canada)
Jason Lang Memorial Scholarship Academic Achievement

Medical Licensure & Certification

2/2019-present Illinois (Full)
7/2016-present Indiana (Full)
5/2016-7/31/2017 Illinois (Full)
7/2015-6/2016 Massachusetts (Temporary)
7/2011-6/2015 Illinois (Temporary)

5/14/2012 COMLEX 3 Pass
5/10/2010 COMLEX 2PE Pass
4/26/2010 USMLE Step 2CK Pass
4/20/2010 COMLEX 2CE Pass
6/23/2009 COMLEX 1 Pass
6/19/2009 USMLE Step 1 Pass

1/19/2013-present Basic Life Support
1/19/2013-present Advanced Cardiac Life Support

Professional Memberships

2014-present Spine Intervention Society
2013-2015 American Medical Society for Sports Medicine
2013-present American Society of Interventional Pain Physicians
2012-present North American Spine Society
2012-2015 Academy of Academic Physiatrists
2009-2017 American Academy of Physical Medicine & Rehabilitation
2009-2016 American Osteopathic College of Physical Medicine & Rehabilitation

References

David Cheng, MD
Assistant Professor, PM&R and Orthopedic Surgery
Midwest Orthopaedics at Rush
david.cheng@rushortho.com
312.485.1536

Tom Simopoulos, MD
Assistant Professor, Pain Medicine
Beth Israel Deaconess Medical Center
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508.314.4277

Chris Gilligan, MD
Chief, Division of Pain Medicine
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